



Term 4 Newsletter, 2025

A NOTE FROM JESS



It has been a pleasure sharing the last 12 months with our clients, their families and our local communities. We have had many successes and many challenges come our way. I am so pleased to see that despite all these challenges, our families have leaned in to our support, as well as problem solved and found ways to continue to do, and be, the best they can for their family and communities.

I continue to be grateful and honored to have the privilege to sustain and build our Explore and Soar team to support our clients and families. Your ongoing support and value in our services is what allows us to keep going, as well as our passion and commitment to providing the best evidence

based services for you!

As we finish the year of 2025 - Community for Wellbeing, we reflect on all we have achieved in our communities, providing parent support groups each month, online education seminars for all children transitioning to Kindergarten, our social group programs in the school holidays and our regular sponsorships within the local regions.

As we move into 2026, we are excited for what the year will hold for us. We look forward to continuing this journey with you in the new year. Wishing you all a restful and joyous holiday season!

Warm regards,
Jess, and the Explore and Soar Team

THE LATEST INFORMATION

January School Holiday Group Programs – Last Chance to Book!

There's still time to secure your spot in our January School Holiday Group Programs, including:

- **Sensory Adventure Camp**
- **Build, Create, Master!**

Our **Transition to School Group Program** only has **two spots left**, so if your child is transitioning into Kindergarten and could benefit from extra practice with school activities, this program is for you.

[Click here to book now](#) or call us at 0477 708 217 for more details.

Explore and Soar's Growing Team

We are excited to announce we have a new staff member joining us, Hawa!

Hawa, is an experienced Occupational Therapist who will be working alongside Lori, Maddie and Sophie this month meeting our clients, learning how to implement therapy interventions within our clinic, home, community and help prepare for our social group programs in January 2026. Hawa is excited to meet and work with more families in 2026!

"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time." - Thomas Edison

Christmas & New Year Closure

We will be closed for the **Christmas/New Year holiday** from **Monday, 22 December 2025 to Friday, 9 January 2026**. We'll be back on **Monday, 16 January 2026**, for our School Holiday Group Programs and Intensive Programs.

Renewed NDIS Registration

We're thrilled to announce that we have successfully completed our NDIS audit in June 2025. NDIS accepted and reregistered Explore and Soar in October 2025 as an NDIS provider for another 3 years! Yay! Thank you to all our families who participated in the auditing process to give your feedback and experiences with us. It is much appreciated!

Assessment & Ongoing OT Appointments Available

OT Assessments: Our books are now open for **OT assessments in January 2026!**

Ongoing Appointments: **Ongoing OT appointments** within our Kurri Kurri Clinic rooms or in your local communities are **also available**.

Whether you need an assessment or ongoing OT appointments, we are available both at our Kurri Kurri clinic and in local communities.

Please call or [click here to send through an enquiry form to book your spot today](#).

End-of-Year Invoicing

As we approach the end of 2025, we'd like to take a moment to thank all of our families for their timely payments throughout the year.

Please be aware that final invoicing for 2025 will occur on **Monday December 22nd 2025**.

At Explore and Soar, we are committed to maintaining a positive and transparent relationship with all of our clients. Timely payments are essential in helping us continue to provide the high-quality services your children deserve. We kindly request that all invoices be settled **within seven (7) days** of receipt to ensure smooth operations as we transition into the new year. We would greatly appreciate it if all 2025 invoices could be paid **before December 31st**. We appreciate your understanding and cooperation in this matter. Thank you for being an important part of the Explore and Soar community.

Important Dates

Hawa's First Day with Explore and Soar:
Monday, 1 December 2025

Sophie - Annual Leave Dates:
Wednesday, 3 & Thursday, 4 December 2025

Last Day of Treating 2025:
Friday, 19 December 2025

Explore and Soar Closure:
Monday, 22 December 2025 to Friday, 9 January 2026

Week 1 School Holiday Group Programs & Intensives:
Monday, 12 to Friday, 16 January 2026

Week 2 School Holiday Group Programs & Intensives:
Monday, 19 to Friday, 23 January 2026

Australia Day Public Holiday:
Monday, 26 January 2026

Week 3 School Holiday Intensives:
Tuesday, 27 to Friday, 30 January 2026

Commencement of Term 1, 2026:
Monday, 2 February 2026

Explore and Soar Professional Development Days:
Tuesday, 3 & Wednesday, 4 February 2026

“Do not judge me by my success, judge me by how many times I fell down and got back up again.”
- Nelson Mandela

Celebrating Success:

Clients Achieving Their Goals and Soaring High!

We are so proud to share the success story of **Mr. Soar!**

Mr Soar came with challenges at the beginning of the year with holding a conversation or to stay on topic for more than five minutes, and was lacking confidence in himself and his body.

Over the year, Mr Soar engaged in fortnightly OT in Term 1, Term 2 & Term 4, he took a break in Term 3. He also participated in our social group programs and completed two Tomatis auditory intervention programs.

Over this past year, with Mr Soar's determination and ongoing support of his parents, he has achieved;

- Holding conversations on preferred and non preferred topics for 20 minutes!
- Writing a speech and presenting it for the school, and
- Got a place in the school leadership council team

These gains are a testament to the hard work of Mr Soar, his parents, and his therapist in working together to achieve these goals. We can't wait to see how he continues to soar into 2026 and beyond!

We wish all our families a very Merry Christmas and a Happy New Year!

Thank you for being part of the Explore and Soar family. We look forward to continuing our work with you and your children in 2026. Wishing you all a joyous and restful holiday season.

Holiday Craft Idea:

Beaded Snowflakes!

Looking for a fun and calming holiday craft to do with your child? Try making a Beaded Snowflake! This simple craft is a great way to engage your child's fine motor skills, making as many as you want and even a potential Christmas tree decoration!

Materials Needed:

- Pipe cleaners
- Colourful beads
- Scissors

Instructions:

1. Cut the pipe cleaners in half
2. You will need 3 of the halved pipe cleaners for each snowflake.
3. Fold the small (halved) pipe cleaners in half,
4. Twist two of them together on the bend, then twist the third small pipe cleaner around the first two. Making a snowflake.
5. Now it's time to add the beads - thread the beads onto each of the pipe cleaners in any pattern you would like.
6. Once all the beads are on, wrap the end of each pipe cleaner around the finger to curl it and stuff the end of the pipe cleaner into the hole of the last bead - creating a knot so the bead won't come off.



Craft Idea from <https://earlylearningideas.com/snowflake-craft/>

Connect With Us:

Connect with us for more information and updates.

Follow us on [Facebook](#) and [Instagram](#). If you would like to reach out to us, call us at 0477 708 217 or email us at admin@exploreandsoar.com.au