

# EXPLORE & SOAR

with YOUR ALLIED HEALTH PROFESSIONALS

## EXPLORE & SOAR GROUP PROGRAMS

### *Big School STARS!*



#### **Book Now!**

Week 1: 8th Jan to 12th Jan 2024 (5 days)  
Week 2: 15th Jan to 19th Jan 2024 (5 days)  
Week 3: 22nd Jan to 25th Jan 2024 (4 days)

Grade: Kindergarten 2024

Location: St Bridget's Catholic School  
Branxton – located in the old school hall.

Length of Time: 2 hours

Start Time: 9am to 11am

Price: \$1286.60 for 5 days.

\*\* Please note dates, times & locations are subject to change due to interest and group booking confirmations.

#### **'Big School STARS!' aim:**

To provide opportunities for children to develop their social and academic skills for confidence in participation and success in the transition to Kindergarten in 2024.

#### **What your child will learn...**

- Transitioning to school routines and expectations.
- Incredible Flexible You Social Skills (5 day program).
- Fine Motor skills and grasp development.
- Gross Motor skill development.
- Self-Care skills: opening packaging of food, tying shoelaces, buttons and zippers.
- Self-regulation, attention and concentration practice, repetition and strategies to assist in the transition to school.

#### **What to Bring!**

- Packed lunch to simulate recess at school
- Cold drink & bag for belongings.
- Hat & sunscreen.
- Wear enclosed shoes for safety.

Any questions or concerns please contact us using below details.

#### **Sign Up!**

Direct via your OT or  
via Contact details below

\*\* Limited spots available.

\*\* Cancellation fees may apply

#### **Contact Explore and Soar:**

Email: [admin@exploreandsoar.com.au](mailto:admin@exploreandsoar.com.au)

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